

Clinical Decision Support (CDS) Roadmap for NHSScotland

SCIMP Conference

23rd September 2015





1. Outline of CDS Roadmap:

- The need for change
- Definition and scope
- Vision and architecture
- Proposed milestones and deliverables
- Benefits

2. CDS in action – demo of national CDS solution in New Zealand

3. Discussion



The Need for Change



Knowledge-Practice Gap

Knowledge exists but we often fail to apply it correctly.

30-45% of care not based on available evidence (McGlynn 2003, Grol 2003, NHS Atlas of Variation, 2014)

17 years to translateresearch evidence intoroutine practice(Balas and Boren, 2010)





Variation, Harm and Waste in NHSScotland

- Vale of Leven
- Ayrshire and Arran
- Lanarkshire
- No coherent strategic approach to ensure that relevant healthcare knowledge is always available and used for health care decisions.
- We need to strengthen our systems for ensuring that decisions about patient care are reliably informed by the best available knowledge.

Impact of CDS – the Evidence



- 1.6 times more likely to prescribe the correct medicines or other therapies;
- 1.7 times more likely to order the required diagnostic tests
- 1.6 times more likely to monitor drug effects in line with evidence
- 1.4 times more likely to take appropriate preventative measures.

CDS impact on patient outcomes:

- Trend towards reducing, patient mortality.
- Trend toward, higher quality-of-life scores.
- Reduces or prevents adverse events.
- Can improve efficiency and can reduce costs.
- Can improve patient satisfaction.
 - 8 systematic reviews Implementation Science, AHRQ, Annals of Internal Medicine.



Policy commitment

• Clinical Decision Support an objective within new eHealth Strategy.

"By 2016 we will have a plan to provide clinicians with quick and easy access to decision support tools that highlight variation from best practice, generate appropriate prompts and alerts, and enable generalists and less experienced clinicians to connect to specialist clinical knowledge and experience at point of care. "

Defining Clinical Decision Support

A computer-based system providing "passive and active referential information as well as reminders, alerts, and guidelines." (Bates et al)

Components of Decision Support



No "one size fits all" CDS system



"Passive" reference resources

Intelligent systems that anticipate clinician need

4 Types of CDS

1. Standalone:

- Web
- Mobile

2. Linked with clinical systems

• Clinician searches or follows links to evidence/guidance.

3. Context-sensitive support

 Business rules "push" patientspecific prompts and alerts to clinician.

4. Clinician to clinician knowledgesharing via technology













Standalone Clinical Decision Support - Examples

Website-Based:

Dynamed Plus

Clinical Pathway Publisher tool

Mobile:

- •BNF and SIGN apps
- •Sepsis App (MHRA-approval)

Example – Dynamed Plus



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Rate control in atrial fibriliation Spotlight Atrial flutter Spotlight Rhythm control in atrial fibriliation Introducing DynaMed Plus Search For DynaMed is MOST CURRENT atrial fibriliation	Atrial fibrillation Condition supraventricular tachyarmythmia caused by uncoordinated atrial activation and associated with irregular ventricular response Overview and Recommendations History and Physical Guidelines and Resources Recommendations Complications and Patient Information Diagonalis Provide and Provide and Pr
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Diagnosis

Treatment

Thromboembolic prophylaxis in

Recommendations Risk Prediction an

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Prevention and Screening

Prognosis

Patient Information

ICD-9/ICD-10 Codes

NHS TAYSIDE RESPIRATORY MCN PAEDIATRIC PATHWAY 🔿

Author : Dawn Grogan Created : 17/10/2012 15:56:05 Modified : 22/04/2013 13:16:22 Review Date : N/A Email : dawngrogan@nhs.net NHS Board : NHS Tayside Modified By : Dawn Grogan





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Trusted sites



Recent Documents 🛆

Done





Linked Clinical Decision Support - Example

Search and links to "Dynamed Plus" embedded in Clinical System

Passive Links to Evidence Summaries from EHR

NHS

SCOTLAND

Problem List						
Create Patient Care Coordination Note	6					
Search for new item 🛛 🗍 🔶	CodgSearch					
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		Acute pyelonephritis		Econoccions and Associated Conditions History		Find More
		Acute portal vein thrombosis		Physical Diagnosis		Medline with Full Text Diagnostic performance of
		Acute darihea in adults		Prognosis		Perforated acute appendc
		Abdominal pain - differential diagnosis		Treatment		Modified Alvarado Scoring
		Psoas syndrome		 Prevention and Screening References including Reviews and Guidelines 		Find More
		Diverticulitis		Patient Information		Rehabilitation Reference
		Cholangtis		Acknowledgements		Center
		ST-elevation myocardial infarction (STEMI)				appendicitis



Context-Sensitive Clinical Decision Support

Evidence and guidelines converted into decision support rules that are invoked by specific data in patient record; issue prompts and reminders to clinician in context of EHR.

Example: Care-IS used in primary care throughout New Zealand

Patient Overview

Risk of Diabetic Complications - SEVERE				
Calculated CVD Risk: 18% Launch Your Heart Forecast' Tool				
Clinical Details				
Smoker	🔍 No 🔍 Past 🤇 Recently quit 👎 Yes 🗹			
Patient woul	d like cessation advice or support 🛛 🔽 Yes 🔽 No			
CVD Risk Factor	🗆 CVD Event 🔲 <u>Genetic Lipid Disorder</u> 🗖 Nephropathy 🗖 Family History 🔜			
Diabetes	▼ • Type I C Type II Year of Diagnosis Duration 0			
Foot Check	Completed On: 19/07/2012 Diabetic foot risk - Low			
Retinal Screening	Done Z5/06/2012 Established Retinopathy			
Height	Weight BMI			
Blood pressure	125 / 85 2nd 125 / 85			
Cholesterol	5 Triglycerides 3 LDL 2 HDL 3.1 TC:HDL 1.6			
HbA1c	65 ACR <1			
<u>CKD Normal</u>	eGFR 80 Rate of decline Last year -159.4 Last 5 years -55.9			

CVD risk calculator embedded in clinical system

Screenshots from the BP CARE-IS system embedded in clinical systems

Clinical Advice

Progressive renal decline, predicted to enter stage 4 soon: consider referral if patient may be affected during their lifetime

Referral may be less useful if patient unlikely to be affected by their renal decline

Offer influenza and pneumococcal vaccinations

Minimise nephrotoxic drugs and consider renal doses of medication

Review every six months with FBC, creatinine, electrolyes, lipids, HbA1,, and urine albumin-creatinine

ratio

Urinary protein-creatinine ratio is less sensitive but sometimes used to monitor significant levels of proteinuria

No recent serum potassium found: do not implement any advice about starting or increasing ACE inhibitors or ARBs until normokalaemia verified

Target BP is systolic 120 - 139 and diastolic less than 90

Blood pressure above target; consider reviewing antihypertensive therapy with priority to ACE inhibitors or ARBs

Please use the Common Form for more detailed advice on management of hypertension

Urine ACR indicated due to previous proteinuria (no recent ACR or PCR found)

Arrange imaging of renal tract due to persistent invisible haematuria unless benign transient cause of haematuria identified. Recall to monitor haematuria within a year

http://www.bpac.org.nz/BT/2013/June/urine-tests.aspx contains advice on investigating haematuria. Risk factors for urological malignancy include smoking, recurrent UTI or other urological disorders, occupational exposure to chemicals or dyes, pelvic irradiation, history of excessive analgesic use, and others

Refer to nephrology due to invisible haematuria with proteinuria in CKD stage 3

Nephrology Referral

Refer patient to Nephrology

Patient specific advice based on SIGN Guidance – note that this combines guidance for diabetes, CKD, and Stroke management.

Limitations of Technology-Driven Evidence-Based SCOTLAND Practice

- Inflexible rules and technology driven prompts may produce care that is management driven rather than patient centred.
- Statistically significant benefits indicated in the research evidence due to may be marginal in real-life practice where the environment – e.g. remote and rural context and patients are very different from controlled research studies.
- Pathways and guidelines based on single conditions and non-complex patients can encourage over-referral and over-investigation not tailored to patient needs.

(Greenhalgh 2014)

A fourth form of decision support

Clinician to clinician knowledge-sharing

- Messaging, phone and video communication to underpin guideline-driven technology prompts.
- Combines clinician expertise and experience with evidence from research and guidelines.



Example

Airedale Hospital – "Immedicare".

- 200 nursing and residential homes in Cumbria linked to linked to the Communications Hub based at Airedale NHS Foundation Trust.
- Run by specialist nurses, 24/7
- Residents and care home staff can get medical help from hospital consultants or specialist nurses via a secure video link, if and when they need it, without having to leave the home.

Architecture:



Common Knowledge Base, Multiple Channels





Vision for Roadmap

- "By 2020, optimal, usable and effective clinical decision support will be widely available to clinicians when and where they need it, and whatever device they are using, as an integral part of their working practice.
- This will enable practitioners to translate knowledge routinely and reliably into practice to improve quality of healthcare in Scotland, helping to make NHSScotland a learning system based on continuous generation and use of knowledge."



Milestones and Deliverables

Current Fixtures within an Evolving Roadmap



Phase 1: By March 2017

- 1. Specify, procure and pilot a context-sensitive CDS platform for primary care. Build the business case for national roll-out in phase 2.
- 2. Deliver high-impact Quick Wins including:
 - Mobile CDS platform for antibiotic prescribing
 - Decision Support Web Gateway for Paediatric and Child Health.
 - Proof of concept of point of care mobile app for SIGN guideline and generic junior doctors' handbook.
 - Pilot of evidence-based prompts and clinician-clinician communication to reduce over-referral and overinvestigation from care home to secondary care settings
- 3. Build clinician and policy level engagement and consult further on priorities for phase 2



Challenges

- Reluctance to change
- Clinician leadership
- Competencies data science, evidence-based practice.
- Integration with Safety and Quality agendas.
- Risk management and evidence based practice.



Making it Real

Demo of Care-IS Decision Support Platform National solution for primary care in New Zealand

Integrated Illinical

NSS will deliver its mission through 4 strategic objectives: Customers at the heart of everything we do Increasing our service value Improving the way we do things; and Become a great place to work. 🚺 mosaic

care is

Areas to Cover



- CARE IS and clinical solutions
- The platform
- PRS Integrations:
 - EMIS
 - Vision
- Opportunities
 - Improve adherence to best practice clinical guidance
 - By doing so raise standards of care and outcomes
 - Reduce costs & efficiencies
 - Referral management and integration with SCI Gateway
 - Facilitate involvement of allied professional HCP's in particular nurse and pharmacy

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- Launched in New Zealand (population 4.5m) in 2005
- Integrated into the standard workflow
- Most trusted source of medical information by HCPs in primary care
- Average of 118,000 hits per working day or 29.5 million per year
- Used in 98% of practices



In Practice





CARE Suite: How it works





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Dr Anna Ranta, MD, FRA MidCentral Health and University of Otago New Zealand ANZAN – Adelaide - May 2014



UNIVERSITY OTAGO This practice is participating in a research trial assessing new electronic tool to impro diagnosis and management

FASTEST

new electronic tool to improve diagnosis and management of patients who have suffered a mini stroke.

you want to find out more about the trial please contact Claire Qui search Clinician, claire quineotago.ac.nz or phone 0800 TIA Stu



Efficacy Endpoints

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<u>Ranta A¹, Dovey S², Weatherall M², O'Dea D², Gommans J², Tilyard M²</u>. Cluster randomized controlled trial of TIA electronic decision support in primary care. <u>Neurology.</u> 2015 Apr 14;84(15):1545-51


Outcomes





Mosaic Patient Review

Clicking this button saves all the data back into the patient record

Based on the patient's record, Mosaic is suggesting the patient is considered for the CKD and TIA applications

Diagnoses (classifications) and basic examination data (eg BP or Weight) can be added here

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	Depression Pathway		
	Suggested Pathways		
	Chronic Kidney Disease Pathway		
	Stroke TIA Pathway		
	😪 Last Message on 08/07/2014 open		
	Personal Health Plan <u>open</u>		
	Acute kidney injury (decline 33%; stage 4) CKD Pathway Smoking Status : Non Smoker change status		
	Smear Overdue		
	Update Coding		
	Classifications		
-	Patient Screening		
	Map of Medicine <u>Home</u>		
	Update PMS		
	🔖 mosaic		
	©2005 - 2014		
	Print Close	Help	

This patient is currently being treated on the diabetes and depression applications. Clicking the link opens the application.

Based on alerts in the patient record and NICE based classifications, coded messages and reminders are included here

Mosaic Consultation: Diabetes Module

Retinal screening results (images) can be uploaded and displayed. Improves patient understanding. Patient is identified as having CKD stage 3b. Direct link to CKD application.

Click through to generate a personal care plan with patient specific

Common Form (bestpractice) Web Diabetes Review	Risk of diabetic complications calculated and presented
Resources Main Menu Concretement Risk of Diabetic Complications - SEVERE Calculated CVD Ris Patient is at SEVERE Risk of diabetes-related complications (patient has 6 risk factors) Clinical Details • HbA1c >55 mmol/mol • HbA1c >55 mmol/mol Smoker • ACR >=3.5 mg/mmol (Female)	Hover over any alert and the underlying parameters
Smoker • ACK >= 3.5 mg/mmol (remale) • C urrent smoker Patient would I • eGFR is lower than 45 ml/min/1.73m² Brief advice Prescribed cessation medication ✓ Referral to cessation support ✓ CVD Risk Factor ✓ CVD Event Genetic Lipid Disorder Nephropathy Family History	for the risk calculation are displayed.
Diabetes Image: Completed On: Type II Year of Diagnosis 2004 Duration 11 Fept Check Completed On: 20/03/2015 Image: Completed On: Diabetic foot risk - URGENT Retinul Screening Done 09/03/2015 Image: Completed On: Diabetic foot risk - URGENT Height 164 Weight BMI Image: Completed On: Diabetic foot risk - URGENT	
Blood pressure 145 / 100 2nd / Cholesterol 7.6 Triglycerides 1.6 LDL 4.3 HDL 1.01 TC:HDL 7.5 HbA1c 71 ACR 31 Image: CKD Stage 3b(p) eGFR 33 Rate of change Last 5 years 5	Diabetic foot risk assessed. Click in to do assessment. Another click to initiate
Graphs <u>HbA1c</u> <u>Cholesterol</u> <u>Triglycerides</u> <u>LDL</u> <u>HDL</u> <u>eGFR</u> <u>BP</u> (Clinical Management Advice KEY C Clinical <u>R</u> Medication [] Lifestyle	referral and one further click to complete and send.
Refresh Save View Care Plan Patient Overview Exit In association with e bestpractice 2005 - 2015 • WebUPANUS • Print Qlose	

Mosaic Consultation: CKD Pathway





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© NCE 2014

Mosaic Referrals





Frail an Eldorly

- Healthcare
- Social care
- Medication Use Review
- MDT review notes
- Full audit log
- Key outcomes
 - Reduced unplanned admissions
 - Survival at home

Personal Health Plan Send Feeddock Referral Print Save Close Personal Health Plan Presenting Issues Communication Memory Pain Lifestyle Daily Living Activities Stress, Coping & Mood Medication Patient Overview Audit Log Mott Comments Medication Medication Patient Overview Audit Log Mott Comments Poper All Close All Tips on effective goal setting Accessment Issues Add Seessment Issues Social Support Medication Patient Overview Audit Log MDT Comments Point Comments Degged in as: Denro UK Personal Kee 2013	🔶 mosaic	Personal Health Assessment ABC1235 Colon, C	Carol
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	01-Sep-2015	O/E - height	175 cm	Date Value
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	03-Apr-2014	HTLV-3 antibody positive	Positive Test	
	03-Apr-2014	Human immunodeficiency virus test equivocal	Indeterminate Test	
	03-Apr-2014	HTLV-3 antibody negative	Negative Test	
	02-Apr-2014	TC/HDL	1.5 TC/HDL 1.5	Chronic Kidney Disease
	02-Apr-2014	Serum HDL Cholesterol Level	2 mmol/L Serum HDL Cholesterol Level 2 mmol/L	Show PMS Data
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MHS Clinical Practitioner | BPAC, Test (Dr) | EMISWebCR1 50002

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	Nicotine lozenge		Clinical advice for G	IAZ	
	Nicotine patch				
	Bupropion				
	Varenicline				
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Referral		T			



Demonstration

Please find Neil or I at the CARE IS stand

Discussion



- 1. From what you have heard in this session, what seems most interesting or important to you about national implementation of clinical decision support in NHSScotland?
- 2. Where is there evidence of waste, variation and harm that a CDS solution could help to address? What would it enable that can't be done currently?
- 3. Would your organisation be interested in the piloting of context-sensitive CDS in primary care?



Clinical Decision Support (CDS) Roadmap for NHSScotland

SCIMP Conference 23rd September 2015