

## Learning Disabilities

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People with Learning Disabilities have a significant, lifelong, condition which started before adulthood, which affected their development and which means they need help to:

- Understand new and complex information (impaired intelligence)
- Learn skills, and
- Cope independently, (impaired social functioning)

Learning Disabilities is also known as intellectual disability, or in the past mental retardation/handicap. The latter terms are outdated, stigmatising and can cause offence, so should **not** be used.

Learning Disabilities should not be confused with specific, (rather than global), learning difficulties, such as dyslexia. People with a learning disability are not a homogenous group, some live independently with little support, (mild learning disability), others require support with all aspects of daily living, (severe or profound learning disability). All patients with profound, severe or moderate Learning Disabilities should be included. Patients with a mild Learning Disability who have additional health needs and would benefit from reasonable adjustments should also be coded.

Adults with Learning Disabilities are more likely to have complex health needs compared to the rest of the population. They have a high level of unmet need and are less likely to identify their own health needs and seek help for them.

### **Recommended codes for Data Entry**

Code	Term	
<b>918e.</b>	On learning disability register	QOF
<b>Eu814</b>	[X]Moderate learning disability	QOF
<b>Eu815</b>	[X]Severe learning disability	QOF
<b>Eu816</b>	[X]Mild learning disability	QOF
<b>Eu817</b>	[X]Profound learning disability	QOF

Note - Learning Disabilities is no longer a part of QOF but specifications with a codeset continue to be produced to help maintenance of registers.

## Other conditions which indicate a learning disability

The following list gives the most common syndromes that lead to learning disabilities and can be used for audit purposes when identifying patients with Learning Disabilities. There are many other syndromes and illnesses not listed that may also sometimes lead to a Learning Disability.

### Diagnosis of Downs Syndrome

<b>PJ0%</b>	<b>PJ0..</b>	Down's syndrome - trisomy 21
	<b>PJ00.</b>	Trisomy 21, meiotic nondisjunction
	<b>PJ01.</b>	Trisomy 21, mosaicism
	<b>PJ02.</b>	Trisomy 21, translocation
	<b>PJ0z.</b>	Down's syndrome NOS

### Other congenital conditions

<b>C1zy2</b>		Cerebral gigantism (Sotos syndrome)
<b>C3272</b>		Niemann-Pick disease
<b>C3723</b>		Lesch-Nyhan syndrome
<b>C3751</b>		Mucopolysaccharidosis, type 1
<b>C3752</b>		Mucopolysaccharidosis, type II
<b>Eu842</b>		[X]Rett's syndrome
<b>F1013</b>		Tay-Sach's disease
<b>F1306</b>		AicardiGoutieres syndrome
<b>PJ1z.</b>		Patau's syndrome NOS
<b>PJ2z.</b>		Edward's syndrome NOS
<b>PJ31.</b>		Cri-du-chat syndrome
<b>PJ333</b>		Smith-Magenis syndrome
<b>PJyy4</b>		Fragile X syndrome
<b>PKy1.</b>		Laurence-Moon-Biedl syndrome
<b>PKy4.</b>		William syndrome
<b>PKy60</b>		Amsterdam dwarf
<b>PKy64</b>		Seckel syndrome
<b>PKy73</b>		Rubenstein - Taybi syndrome
<b>PKy94</b>		Zellweger's syndrome
<b>PKyz5</b>		Happy puppet syndrome
<b>PK80.</b>		Fetal alcohol syndrome
<b>C3004</b>		Hartnup disease
<b>C3753</b>		Mucopolysaccharidosis type III
<b>F1016</b>		Sandhoff disease
<b>P21..</b>		Microcephalus
<b>PKy92</b>		Menke's syndrome

## LD Assessments

<b>9HB3.</b>	Learning disability health assessment
<b>9HB5.</b>	Learning disability annual health assessment

## Exception coding

<b>9hL%</b>	<b>9hL..</b>	Exception reporting: learning disability quality indicators
	<b>9hL0.</b>	Excepted from learning disability quality indicators: informed dissent
	<b>9hL1.</b>	Excepted from learning disability quality indicators: patient unsuitable

**Other codes for Learning Disability for search and audit purposes but not now recommended for data entry due to outdated terminology.**

<b>E3%</b>	<b>E3...</b>		Mental retardation	QOF
	<b>E30..</b>		Mild mental retardat. IQ 50-70	
	<b>E31..</b>		Other specified mental retardation	
	<b>E310.</b>		Moderate mental ret. IQ 35-49	
	<b>E311.</b>		Severe mental retard. IQ 20-34	
	<b>E312.</b>		Profound mental retardat.IQ<20	
	<b>E31z.</b>		Other specified mental retardation NOS	
	<b>E3y..</b>		Mental retardation OS	
	<b>E3z..</b>		Mental retardation NOS	
<b>Eu7%</b>	<b>Eu7..</b>		[X]Mental retardation	QOF
	<b>Eu70%</b>	<b>Eu70.</b>	[X]Mild mental retardation	
		<b>Eu700</b>	[X]Mild retard no/min beh imp	
		<b>Eu701</b>	[X]Mild retard signifbeh imp	
		<b>Eu70y</b>	[X]Mild retard othbehav imp	
		<b>Eu70z</b>	[X]Mild retard no mention beh	
	<b>Eu71%</b>	<b>Eu71.</b>	[X]Moderate mental retardation	
		<b>Eu710</b>	[X]Mod retard no/min behav imp	
		<b>Eu711</b>	[X]Mod retard signifbeh imp	
		<b>Eu71y</b>	[X]Mod retard othbehav impair	
		<b>Eu71z</b>	[X]Mod retard no mention behav	
	<b>Eu72%</b>	<b>Eu72.</b>	[X]Severe mental retardation	
		<b>Eu720</b>	[X]Sev retard no/min behav imp	
		<b>Eu721</b>	[X]Sev retard signifbehav imp	
		<b>Eu72y</b>	[X]Sev retard othbehav impair	

	<b>Eu72z</b>	[X]Sev retard no mention beh
<b>Eu73%</b>	<b>Eu73.</b>	[X]Profound mental retardation
	<b>Eu730</b>	[X]Prof retard no/min beh imp
	<b>Eu731</b>	[X]Prof retard sign beh impair
	<b>Eu73y</b>	[X]Prof retard othbeh impair
	<b>Eu73z</b>	[X]Prof retard no mention beh
<b>Eu7y%</b>	<b>Eu7y.</b>	[X]Other mental retardation
	<b>Eu7y0</b>	[X]Oth retard no/min behav imp
	<b>Eu7y1</b>	[X]Oth retard sign beh impair
	<b>Eu7yy</b>	[X]Oth retard othbeh impair
	<b>Eu7yz</b>	[X]Oth retard no mention beh
<b>Eu7z%</b>	<b>Eu7z.</b>	[X]Unspecif mental retardation
	<b>Eu7z0</b>	[X]Unsp retard no/min beh imp
	<b>Eu7z1</b>	[X]Unsp retard sign beh impair
	<b>Eu7zy</b>	[X]Unsp retard othbeh impair
	<b>Eu7zz</b>	[X]Unsp retard no mention beh